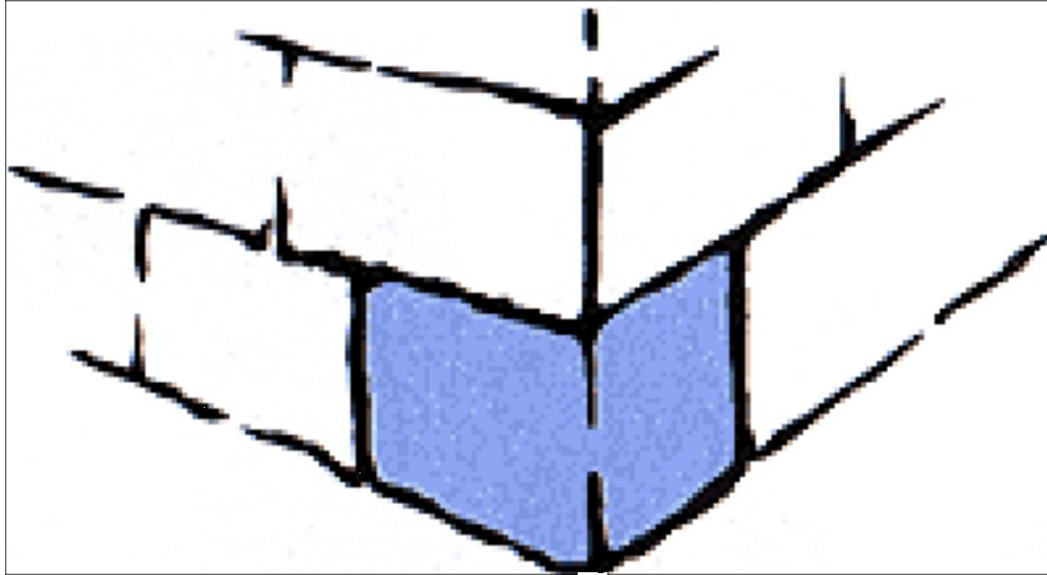


# Cornerstones Of Discipline



Choice

Community

Self Control

Communication

# Effective Schools

- Focus on Learning
- Student-Centered Environments
- Structured Choice is a Priority
- Clear Rules
- Act vs. React
- Problem Solving Philosophy
- Provide Role Models
- Community Building is Important

# Basic principles

- Acceptance of that you cannot change
- Who's behavior can you control?
- It takes two to argue
- Emotions High = Problem-Solving Low
- "I would never..."
- The biggest problem with most strategies is that they fail to teach a replacement behavior



# Definitions of Discipline

- – strict control to enforce obedience
- – a training that develops self-control, character or orderliness and efficiency

# Outline A Plan

- Prioritize ~ What is it that we Want/Expect?
- Address Feelings ~ Behaviors
- Environment ~ Physical & Emotional
- Create ~ Practice ~ Model Rules
- Rituals ~ Transitions ~ Signals
- Toolbox of Management Strategies

The rule - \_\_\_\_\_

- Day 1 –

- Day 2 –

- Day 3 –

- Day 4 –

- Day 5 –

- \_\_\_\_\_

- \_\_\_\_\_

# The Plan Rituals

- Arrival
  - Greet them at the Door
- Entrance/Exit
- Transitions
- Breaks
- Book Time
- Departure
  - Send them off with a smile

# Create a Classroom CD

- Hawaii 5-O
- Rock Around the Clock
- Batman – Superman
- Classical



# Management Strategies:

- Keeping the Focus
- Creating a Contract ~ Self Evaluation
- Direct Appeal
- “You”...“I” statements
- Model
- Show Cause~Effect of Broken Rules & Inappropriate Behavior



# Rewards

- Notes to YOU
- Notes Home
- Time with the teacher
- Book Choice
- Free Pass
- Borrow a Pet or \_\_\_\_\_
- Special Place
  - Chair, Cushion, Desk
- Personal Music Set Up
- \_\_\_\_\_
- Share Class Recess
- Game Hour
- Warm Fuzzies
- Special Treat
- Sharing Time
  - I appreciate...
  - I like when...
  - Something I value...
  - I noticed...
- Slipper, Hat, Sock, PJs Day

# Management Strategies:

- Provide a Positive Spin
- Time Out
- Planned Ignoring
- Reinforce the Positive
- In Space ~ Out Space
- Conference
- HELP! System
- Physical Interactions
- Seclusion

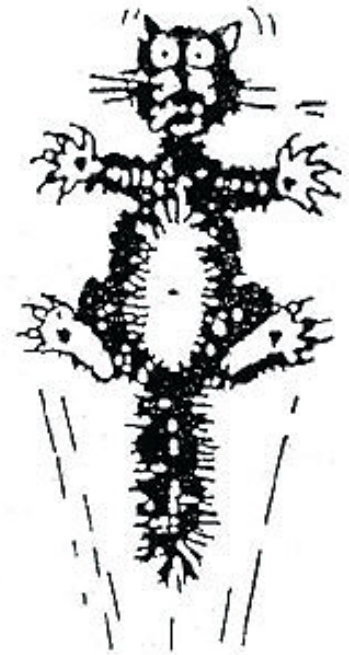


New Days Offer New Beginnings!

# Stress

When you feel worried or uncomfortable about something

- Afraid
- Apprehension
- Moody
- Angry
- Frustrated
- Sad
- Unsure
- Tired
- Overwhelmed
- “Wigged Out”
- Physical Signs:
  - Headache
  - Stomachache
  - Cry ~ Scream ~ Quiet
  - Can’t Sleep/Eat
  - Can’t Pay Attention
  - Forgetful



# What can YOU do?

- Find Support
- Talk it Out
- Relax – “Drop Something” from the schedule
- Exercise
- Do Something for Yourself
- Identify Feelings
- Learn Ways to Accept Change

List of Related Citations  
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